



Dear Masters Divers and Supporters

It is with great pleasure that I invite you to the Spring Masters which is to be held at the Aquatic Centre in Leeds.

The Spring Masters is reverting to its usual format of a list which tests the skills of divers to use several groups and include 'basics' and 'voluntaries'.

The plan is to have training on the Friday evening from 6pm to 9pm and competitions all day Saturday and Sunday. Please can you get your entries in early as if we need to we will stop taking entries prior to the closing date. This is the only way we can ensure we have enough time for the events.

There will be two levels of competition

1. Masters – events in 1 and 3 metre springboard and platform
2. Novices – events in 1 and 3 metre springboard and platform

A provisional programme is shown on the attached sheet.

Can you also book function tickets when you enter not only for you but also for any coaches, friends etc. We are generally asked to confirm numbers a week or so in advance of the event. The venue and format of the function is to be confirmed although it is likely to be in the centre of Leeds as feedback has been that people like to be fairly central and can continue later at other hostelries.

I would suggest the Travelodge, Leeds Central Vicar Lane, 97 Vicar Lane, Leeds, LS1 6PJ (Tel 0871-984-6337) as a hotel which has rooms on the website at the time of writing at discounted rates which are good value for any city centre. Book online at www.travelodge.co.uk.

I look forward to seeing you at Leeds in April.

Let's Dive

Tony Hunter
GBDF Masters Director

The provisional timetable is as follows:-

Friday

1800 Training

Saturday

0800 Training

0930	Event 1	Ladies 1m	18-24
	Event 2	Gents 3m	18-24
	Event 3	Ladies 1m	25-39
	Event 4	Gents 3m	25-39
	Event 5	Ladies 1m	40+
	Event 6	Gents 3m	40+
	Event 7	Ladies Platform	25-39
	Event 8	Gents Platform	25-39
	Event 9	Ladies Platform	40+
	Event 10	Gents Platform	40+

Sunday

0800 Training

0900	Event 11	Ladies 3m	40+
	Event 12	Gents 1m	40+
	Event 13	Ladies 3m	18-24
	Event 14	Gents 1m	18-24
	Event 15	Ladies 3m	25-39
	Event 16	Gents 1m	25-39
	Event 17	Ladies Platform	18-24
	Event 18	Gents Platform	18-24

We will attempt to follow the above programme but clearly we can only put out a final programme after the entry closing date. We will endeavour to keep changes, if any, to a minimum.

The smooth running of the events requires officials to assist and I have included in the entry form a table which I would be grateful if you can complete to show your availability. This will allow us to put a provisional judging list out prior to the event.



John Charles Centre For Sport
Aquatics Centre, Middleton Grove,
Beeston, Leeds, LS11 7AF Tel. 0113-247-5222
Sat/Sun 18/19 April 2009

ENTRIES CLOSE 28.03.09

DIVE SHEETS BY 11.04.09

Please complete the entry form and return to the address given below before the closing date, together with the entry fees shown.

Name:.....Club:.....

Address:.....

Telephone:..... Date of Birth:.....

E-mail Address (Please print clearly)

<u>Age Group</u>	<u>Novice age groups</u>	<u>Events Entered</u>
18 - 24	18 - 29	Novice Masters 1M
25 - 29	30 - 49	Novice Masters 3m
30 - 39	50 - 59	Novice Masters P/form
40 - 49	60 +	Masters 1M
50 - 59		Masters 3M
60 - 69		Masters P/Form
70+		Male / Female

Event Entry fees are £ 10.00 for the individual events.

Non-GBDF members will be charged a £ 10.00 Temporary membership to cover the duration of the events. All cheques payable to GB Diving Federation.

Late entries will be charged £10 penalty.

GBDF Member Yes/No	Entry Fees enclosed £.....
I give my permission for my photograph to be taken and published	**Function Deposit@ £10.00 £
Yes/No
() x Tee shirts @ £11.00 = £.....	() x Polo Shirts @ £16.00 £.....
Chest sizeinches	Chest sizeinches

**** Please confirm function attendees on attached page.**

I confirm that there are no medical reasons why I cannot dive in the events above and confirm that I am capable of performing the dives required for the events I have entered in a safe manner.

Signature of entrant.....Date:.....

No entries accepted without payment or signature !

Please send entries NO LATER than 28 March to;-

Mrs Lesley Grist,
6 Derwent Avenue, Wilsden,
Bradford, West Yorkshire. BD15 0LY
Telephone No 01535 273633

The GBDF reserve the right to close entries prior to 28 March if the maximum limit of entries has been reached.

The function attendees are as follows:-

Name	Dietary Requirements

The following are available to officiate. Please note Y/N for each official and note events NOT available:-

Name	Judge	Referee	Recorder	Announcer	Event Nos NOT Available

**G B Diving Federation
National Masters Spring Championships 2009
Event Conditions**

Age Group	1m	3m	Platform
18-49	6 Dives. 3 dives selected from different groups to a tariff limit of 5.7, plus 3 dives selected from different groups without limit of difficulty.	6 Dives. 3 dives selected from different groups to a tariff limit of 5.9, plus 3 dives selected from different groups without limit of difficulty.	6 dives. 3 dives from different groups to a limit of 5.9 plus 3 dives from different groups without limit.
50-69	5 Dives. 2 dives selected from different groups to a tariff limit of 3.8, plus 3 dives selected from different groups without limit of difficulty.	5 Dives. 2 dives selected from different groups to a tariff limit of 3.8, plus 3 dives selected from different groups without limit of difficulty.	5 dives. 2 dives from different groups to a limit of 3.8, plus 3 dives from different groups without limit.
70+ Age groups	4 dives. 2 dives from different groups to a limit of 3.8, plus 2 dives from different groups without limit. 1 dive may be repeated but at a 1.0 tariff	4 dives. 2 dives from different groups to a limit of 3.8, plus 2 dives from different groups without limit. 1 dive may be repeated but at a 1.0 tariff	3 dives. 3 voluntary dives from minimum of 2 groups
<u>Novices</u> up to 60	4 different Voluntary Dives. 1 dive may be repeated but at a 1.0 tariff	4 different Voluntary Dives. 1 dive may be repeated but at a 1.0 tariff	4 different Voluntary Dives (5 metre board only) 1 dive may be repeated but at a 1.0 tariff
<u>Novices</u> 60+	3 different Voluntary dives. 1 dive may be repeated but at a 1.0 tariff	3 different Voluntary Dives. 1 dive may be repeated but at a 1.0 tariff	3 different Voluntary Dives (5 metre board only). 1 dive may be repeated but at a 1.0 tariff

Restrictions

Divers over the age of 60 may not perform head first entry dives from 10 metre platform.

Dives with the same number but different position are the same dive.

Novices may not perform dives with more than 1½ rotations or with a FINA tariff of over 2.0. Novices on Platform are restricted to 5 metre only

Please note that divers must be 18 in the year of competition. Any diver who has not attained the age of 18 by the start of the event must be accompanied by a responsible adult.